

Step into Blue Flame Kitchen and create positive change in the community. In our Feed It Forward class, you will prepare delicious and nutritious recipes that will be delivered to the women and children at Radiance Centre. Your participation in this team building activity with a charitable contribution will positively impact the lives of others and you will feel good about sending hot meals and warm wishes to someone who needs it.

## Choose from the following 6 recipes

## FEED IT FORWARD

Smokey Black Bean Soup

Roasted Red Pepper and Chickpea Soup

\$130 per guest Chorizo Lentil Soup

Smoky Vegetarian Chili

Chicken Paprikash with Seasoned Potatoes

Turkey Enchiliadas

Pricing subject to service charge of 20%, and GST. Prices are subject to change. A group of 12 participants will make 80 individual meals.

Participants will get a meal of soup from the current café menu, chef's choice green salad, house made focaccia bread and an assorted cookie platter for dessert. For an enhanced experience, you can choose to upgrade your meal from the selections in our events package.



## Why Radiance Society?

Blue Flame Kitchen is part of a family of brands including ATCOenergy and Rümi Home Services. Our overarching purpose is to help homeowners feel happier in their homes. We recognize the challenges with home affordability and wanted to do more to help our community in support of everyone having a safe and secure roof over their heads. Our four community partners are Habitat for Humanity, Women In Need Society, HomeSpace and now Radiance Society.

For more than four decades, Radiance has been a steadfast partner on the journey towards healing for women and children affected by domestic violence. The Radiance Centre is a 24-unit safe housing facility for women leaving abusive relationships. It offers a secure home, emotional support, and practical assistance. Families stay for 12-18 months, accessing programs to facilitate their transition back into the community.

To address food security amidst Calgary's affordability crisis, they also provide emergency food support and supply expensive grocery items like milk and eggs. This partnership offers ready-to-serve nutritious meals to make the transitional period more manageable.



